Con il Patrocinio di:















In Partnership con:

Periprofess abstract di lav















MIT COLUMN

Mediapartner:



1° ANNUNCIO - CALL FOR PAPERS

La Fondazione L.U.Me.N.OII.S e la Scuola di Osteopatia C.R.O.M.O.N. annunciano il III Congresso Nazionale di Medicina Osteopatica La Medicina incontra l'Osteopatia: verso una "Medicina Integrata"

1'OSTEOPATIA in ambito VETERINARIO

Roma, 28-29 Settembre 2012 Hotel Parco Tirreno - Via Aurelia 480

presso Nazionale di Medicina Osteopatica", la Fondazione L.U.Me.N.Oli.S e la

Dr. Roberta Pozzi, DVM S.I.A.V. Italian Veterinary Acupuncture Society www.siav-itvas.org Milano Www.pozzi.cc Milano

via Scientifica entro e non oltre il 30 Gennaio 2012

Ospili di Eccellenza: Dav Julia Brooks, Patrick Chêne, Leonidas Christodoularis, Chris Colles, Eddy Deforest, Klover Friedrich, Nadine Hobson, Alain Jourcin, Jean Dominique Moll, Sybille Molle, Tony Nevin, Roberta Pozzi, Vittorio Rocchelli, Luca Tosti Croce, Paolo Tozzi.

Manual therapies for dogs and cats

Direttore Organizzativo e Responsabile del Progetto: Paolo Tozzi, BSc (Hons) Ost, DO, FT

Direttore Scientifico: Klaus Friedrich, Vet MD

Segreteria Scientifica: Fondazione L.U.Me.N.Oli.S. Via Pasquale Flore, 18 - 00165 - Roma - Fax: +39.06.977.49.900 Responsabile: Dr. Paolo Tozzi Tel: +39 348.698.10.64 E-mail: pt_osteopathy

Segreteria Organizzati Scuola di Osteopatia Cristina Beltramo Tel: +39 34 E-mail: cri@lumenolis.it Fax: +39 06.233.235.393

Sito: www.congressodiosteopatia.it



JAPANESE WORD

SHI = FINGER

ATSU=PRESSURE

SHIATSU

BORN AT THE BEGINNING OF THIS CENTURY ANMA

ANFA'

TUINA' 1° TEXT GOES BACK AT 200 A.C.



"Feel with the hands used with the technique"

SHIATSU

IS A TREATMENT NOT A MASSAGE

WHAT'S THE PURPOSE OF SHIATSU? WHAT DES IT CURE? FOR WHAT IS IT EFFECTIVE?

SHIATSU

"TAKE A CARE"

IS TAKE A CARE OF....

SHIATSU TAKES A CARE OF ANIMALS



First wave of the shiatsu's practice is the hands contact Contact-to-Transmit-**Receive Communicate** Touch with hands is a instinctive gesture The hands like an antenna that transmits and receives sensation in the form of feeling inexpressible with words

So much more we are free from mental patterns, more we can with our mind to read the signals.

 is grown our sensibility with: calm concentration attention relax



SHIATSU



•BODY





• SUBSTANCE



·QI



Contact

- Feel welcomed and at ease
- It relies
- Awareness of the presence the other to take touch with themselves and the other.

The senses

Sight: appearance and movements of the animal (respiratory) Touch: anatomical tissue consistency Hearing: heard noises Sense of small : odors Emotions that arise: tension-rigidity Hot and Cold **Pleasure-discomfort** Agitation-looseness

- Contact :feeling the QI movement
 Qi energy vibration
 So much more than you has a capacity to
- listen, free of all prejudice, more you feel the energy of the other.
- Ability to listen is refined getting in touch with our heart

Heart-heart

If the hand listen trought the heart make its spokesperson

"The heart's path is so deep. Deep as the oceans and boundless as the heavens. How many really know?" So Wen cap. 78

Hand

The palm rappresents the heart is more soft and less mobile than the other fingers vehicle energy deep.



Breath

Breath moves energy .I carry within inhale, exhale outapparireI let go so that new energy can enter.

Hara: belly is individual's energy center

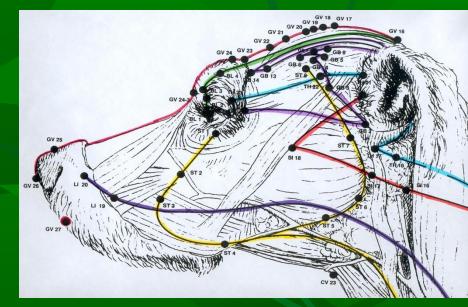
SHIATSU

The main technique is pressure

SHI-FINGER ATSU-PRESSURE

Pressure

Zone
Meridians
Acupuncture points *tsubo*



Pressing it comes in contact with the Qi, it stimulatesMuscular force is limited

SHIATSU PRESSURE







CONSTAN

USE OF WEIGHT

imbalance of his own body towards the area to be treated

 OWN WEIGHT NO PHYSICAL STRENGTH

 BALANCE BETWEEN MOTHER HAND (YIN) END JOB HAND(YANG)

ENERGY MOVES FROM MY DAN-DIEN TO THE ANIMALS



Hara : " think and act with the belly" " a visceral way"



A different quality of the pressure with breath and posture

PERPENDICULARITY



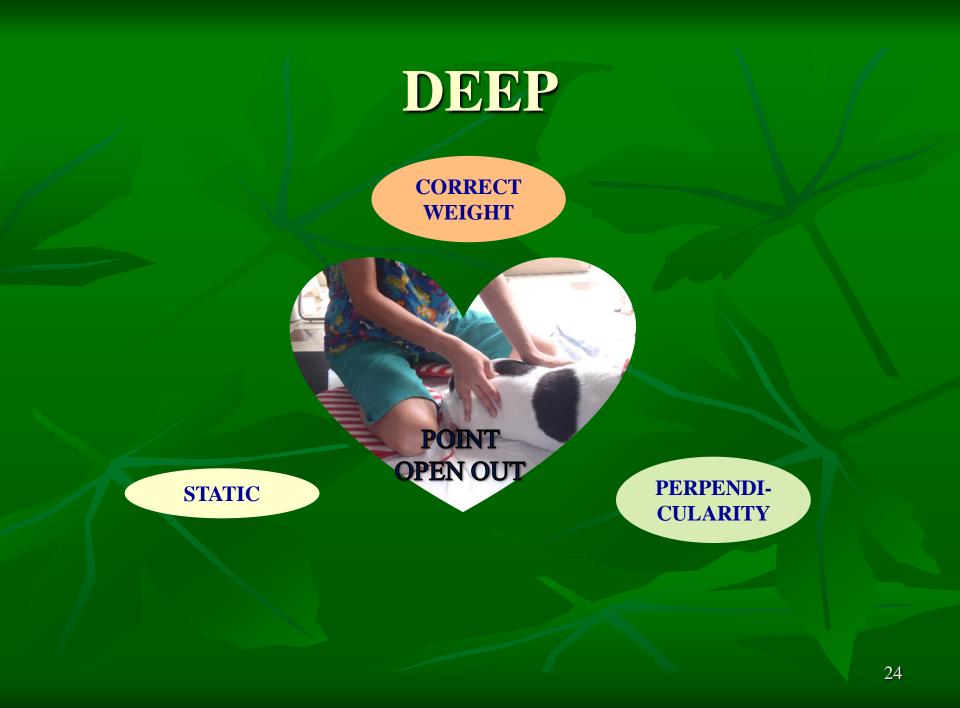
TO GET ANATOMIC CENTER

STATIC

• PRESSURE GRADUALLY REMAIN COSTANT

• STOPPED PRESSURE





POSITIONS

SIEZA
SEIZA BET
SEIZA LIFTED
 "cat 4 paws"
ARCHER







SITTING



 Perpendicular Pressure : vertical direction improve the weigth used strong pressure

Conduct pressure arc small and sensitive areas semi-circle without edges

HAND

anmà "feeling together with the hands handled wi appropriate technique" SPRING



ENERGY EXPANSION- BUD
 CONFORT BLESSING
 ASSOCIATE TO HEART

Lamellar Corpuscle

Fingertips, areas between the toes and thenar and hypothenar eminences Meissner's corpuscles light touch Ruffini Ending thermoreceptors Pacinian Corpuscle touch bulboid corpuscles (end-bulbs of Krause) low-frequency vibration, cold Free nerve endings perceive pain



ALL THE HAND palm

THENAR HIPOTHENAR

THUMB FINGERTIP





Palm

Area more extensive More weight distributed Walk on the body or meridians Pressure with whole palm

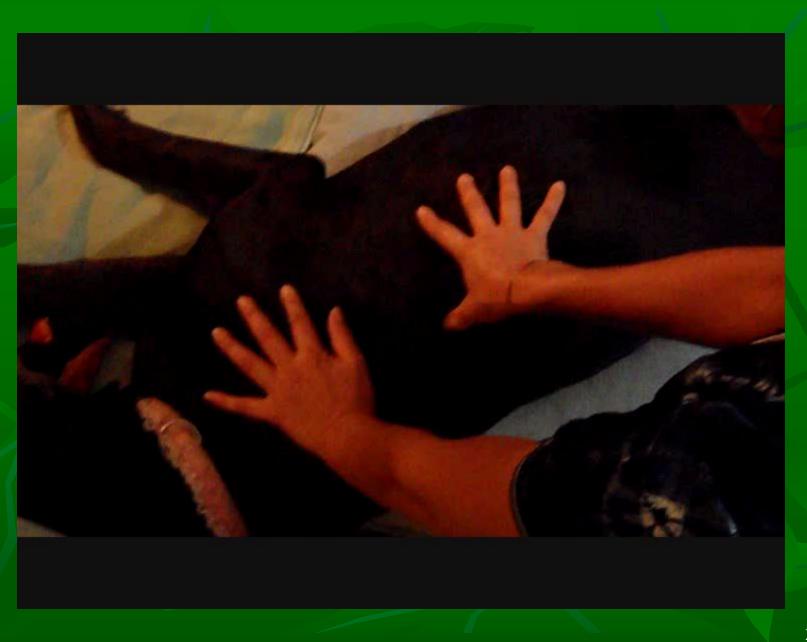
Thenar e Hypothenar

01



Thumb

Finger more used More sensitivity No finger tip, but fleshy part of the fingertip Two thumb



Cutting hand

On meridians

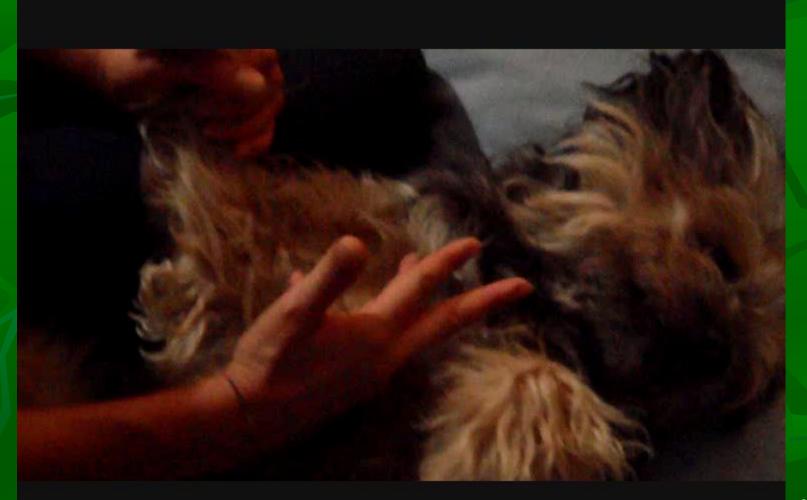
Three or four finger

Abdomen olso for diagnostic

Decollement

 Hallow between thumb and Index To wrap joints or limbs

The hand floriush





Precis Pressure with olecranon (like thumb)forearm

FOOT KNEE











WATER + SHIATSU

WATSU

MARBLE'S TABLES IN THE WATER

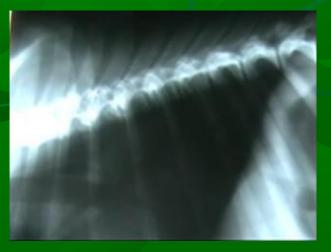




WARM WATER - STRETCHING













BALOO SHIATSU TREATMENT ONE A WEEK









BALOO
PULSE DEEP AND EMPTY
TONGUE
BACK SWEEL , IN FRONT THIN 6PC 20VG 11SIsx
11LIsx 34 GB 60BL/3KI 23BLbil 4VG 14 VG BOLANbil

AFTER 1° TREATMENT IT FELT BETTER, IT WANTS TO PLAY WITH OTHER DOGS BUT ONLY FOR 2 DAYSEATMEN

BALOO





9SI 4LI







WATER MASSAGE



bibliography

Huang di Nei Jing Su Wen (i primi 11 capitoli) a cura di E. Rochat de la Vallèe; C. Larre; Jaca Book, Milano 1994 Lo Shiatsu e il Cuore in Vuoto del Veterinario (R. Pozzi) Professione Veterinaria n. 1 – Gennaio 2006 (pag. 14) Cremona Grande Libro dello Shiatsu Insegnanti scuola Xin, cura di F. Bottalo; Xenia Edizioni 2003